**Mountains (Blue Ridge) Region**

* **These mountains are connected to the Appalachians (Eastern U.S.)**
* **Tallest mountain here is Mt. Mitchell (more than 6,600 feet high)**
* **Other mountains: Grandfather Mountain (Boone), and Chimney Rock (Rutherford Co.)**
* **The names “Blue Ridge” and “Great Smoky Mountains” come from the clouds of mist those mountains give with that color or texture**
* **Historically this was a tough place to navigate or travel due to the mountains, until the Blue Ridge Parkway was added in the 1930s**
* **Cities in the mountains: Asheville, Boone, Murphy, etc.**
* **People either farm with livestock, mine, or grow and sell christmas trees**
* **Many movies (including the Hunger Games) were filmed in this region; tourism is also big (Biltmore Mansion is in Asheville)**